



 **Otezla**[®]
(apremilast) 30mg
tablets

show *more* of you

Otezla is the first and only pill approved by the FDA to treat **plaque psoriasis** and **psoriatic arthritis**.



Ask your
doctor about
a pill

Otezla[®] (apremilast) is a prescription medicine used to treat adult patients with:

- Plaque psoriasis for whom phototherapy or systemic therapy is appropriate.
- Active psoriatic arthritis.

SELECTED SAFETY INFORMATION

You must not take Otezla if you are allergic to apremilast or to any of the ingredients in Otezla.

Please see Important Safety Information on page 31.

1-844-4OTEZLA | [otezla.com/copay](https://www.otezla.com/copay)



Otezla is a different **choice**



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Is your current treatment working for you?

If not, think about Otezla—
it's a pill that works **differently**.



show *more* of you

Clearer skin is achievable



In a **mild to moderate plaque psoriasis** clinical trial, over **5 times more people** achieved clearer skin after 4 months of taking Otezla (22%) compared to placebo (4%).



In **moderate to severe plaque psoriasis** clinical trials, **75% clearer skin was achievable**, with reduced redness, thickness, and scaliness of plaques after just 4 months of treatment.

Proven effective in scalp psoriasis



Otezla is proven to help with **mild to moderate** and **moderate to severe** plaque psoriasis of the scalp.



Otezla is the *first and only* pill approved by the FDA to treat plaque psoriasis and psoriatic arthritis.

Not *an* injection *or* cream— Otezla is a pill

For psoriatic arthritis



Some people can have **less joint swelling, tenderness, and pain** and **an improved ability to perform physical activities of daily living** after just 4 months of treatment.

No blood testing required



The Otezla Prescribing Information has **no requirement** for initial or routine **blood testing**.

A pill that treats differently



Otezla works to reduce PDE4 activity—though the exact way in which Otezla helps improve symptoms isn't completely understood, it's thought to help **reduce inflammation**.

Side effects of Otezla

The most common side effects of Otezla in plaque psoriasis were diarrhea, nausea, upper respiratory tract infection, tension headache, and headache.

The most common side effects of Otezla in psoriatic arthritis were diarrhea, nausea, and headache.



How do **plaque psoriasis** and **psoriatic arthritis** start?

Plaque psoriasis and psoriatic arthritis are **chronic conditions**, which means they're always there—even when you aren't experiencing symptoms.

Both plaque psoriasis and psoriatic arthritis are associated with **inflammation inside the body**. Lab research has shown that an enzyme known as phosphodiesterase 4 (PDE4), located inside cells, contributes to inflammation.

It's thought that **inflammation is responsible for the symptoms** of plaque psoriasis and psoriatic arthritis.

The role of inflammation



In plaque psoriasis:

Thought to speed up the growth cycle of skin cells, resulting in red, itchy, raised plaques on the skin.



In psoriatic arthritis:

Thought to frequently cause stiffness and swelling in joints.

An estimated 70% to 90% of people with psoriatic arthritis may have scalp psoriasis.

**DID YOU
KNOW?**





Otezla is a **pill** that treats *differently*



While the exact way Otezla works isn't completely understood, here's what we do know:

- Otezla works **inside the body** to treat plaque psoriasis and psoriatic arthritis
- Specifically, Otezla reduces the activity of **PDE4**, an enzyme located inside cells that can contribute to inflammation
- A reduction in PDE4 activity is thought to help **reduce inflammation**
- Less inflammation can lead to a reduction in symptoms (in plaque psoriasis or psoriatic arthritis)

What makes Otezla **different** from other *treatments*

- Otezla is **not** an injection or cream—it's a pill
- Otezla is a pill that helps **improve scalp psoriasis**, a difficult-to-treat area
- The Otezla Prescribing Information has **no requirement for blood testing**
- Otezla is the **first and only pill approved by the FDA** to treat plaque psoriasis and psoriatic arthritis



Watch a video to get a closer look at how Otezla works to treat plaque psoriasis and psoriatic arthritis at [otezla.com/works](https://www.otezla.com/works)



Proven *results* in **moderate to severe** plaque psoriasis

BEFORE OTEZLA



WITH OTEZLA AT 16 WEEKS



BEFORE OTEZLA



WITH OTEZLA AT 16 WEEKS



BEFORE OTEZLA



WITH OTEZLA AT 16 WEEKS



Actual Otezla patients. Not everyone responds to Otezla, and those who do respond may respond differently.

See more before and after photos at
[otezla.com/images](https://www.otezla.com/images)



"After taking Otezla for 4 months, I noticed the psoriasis minimizing on my arms and legs. After a while, it was much less noticeable on my face."

—Eddie, Otezla patient since 2016



[otezla.com](https://www.otezla.com)

Otezla is a pill *proven* to help you get **clearer skin**



Studies showed that after just 4 months on Otezla, a **75% reduction** in moderate to severe plaque psoriasis is **achievable**.



Watch a video to learn more about how Otezla can help at [otezla.com/results-video](https://www.otezla.com/results-video)

Curious about side effects or when you may expect results?

Watch videos all about getting started with Otezla at [otezla.com/start](https://www.otezla.com/start)

Common side effects of Otezla

The most common side effects of Otezla were diarrhea, nausea, upper respiratory tract infection, tension headache, and headache.

Selected Safety Information

Otezla can cause allergic reactions, sometimes severe. Stop using Otezla and call your healthcare provider or seek emergency help right away if you develop any of the following symptoms of a serious allergic reaction: trouble breathing or swallowing, raised bumps (hives), rash or itching, swelling of the face, lips, tongue, throat or arms.

Please see Important Safety Information on page 31.

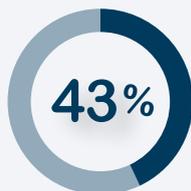
Otezla is *proven* to treat **moderate to severe** scalp psoriasis

The scalp is one of the most commonly affected areas of plaque psoriasis.

Otezla treats beneath the skin, unlike topicals like creams or shampoos, which are applied directly to the scalp.

Otezla is proven to help get clearer skin on the scalp

In a clinical trial, 201 people taking Otezla were compared to 102 people taking a placebo.



43% of people taking Otezla saw an improvement in their scalp psoriasis after just 4 months of treatment, compared to 14% taking placebo.

BEFORE OTEZLA



WITH OTEZLA AT 16 WEEKS



Actual clinical trial patient. Not everyone responds to Otezla, and those who do respond may respond differently.



“After four months of taking Otezla, my skin had improved. I now have elbows and a scalp that are clearer.”

—Sarah, Otezla patient since 2018



otezla.com

Otezla is also *proven* to help **improve** both scalp *and* whole body itch

Some people also experienced a reduction in scalp and whole body itch after just 4 months of treatment. See below for a closer look at the percentage of people who experienced an improvement while taking Otezla.

47% Improvement in scalp itch

47% of people taking Otezla saw a reduction in scalp itch after just 4 months, compared to 21% taking placebo.

46% Improvement in whole body itch

46% of people taking Otezla saw a reduction in whole body itch after just 4 months, compared to 23% taking placebo.

Common side effects of Otezla

The **most common side effects of Otezla** that occurred in the scalp psoriasis study were diarrhea, nausea, headache, and vomiting.

See page 18 for more information.

Selected Safety Information

Otezla can cause severe diarrhea, nausea, and vomiting, especially within the first few weeks of treatment. Use in elderly patients and the use of certain medications with Otezla appears to increase the risk of complications from having severe diarrhea, nausea, or vomiting. Tell your doctor if any of these conditions occur.

Please see Important Safety Information on page 31.

Proven effective *in mild to moderate* plaque psoriasis



In a mild to moderate plaque psoriasis clinical trial of 595 participants, over **5 times more people** achieved clearer skin after 4 months of taking Otezla (22%) compared to placebo (4%).



Over 4 times more people achieved **75% clearer skin** after 4 months of taking Otezla (33%) compared to placebo (7%).



87% of people using topicals found their mild to moderate plaque psoriasis symptoms continued to persist despite treatment.*

Symptoms can feel more severe

In a US survey of 559 adults with plaque psoriasis, 56% of people with mild plaque psoriasis rated their own symptoms as moderate or even severe.

*An online cross-sectional survey among 175 adult patients on prescription topicals for mild to moderate psoriasis.

Common side effects of Otezla

The most common side effects of Otezla were diarrhea, nausea, upper respiratory tract infection, tension headache, and headache.

Selected Safety Information

Otezla is associated with an increase in depression.

In clinical studies, some patients reported depression, or suicidal behavior while taking Otezla. Some patients stopped taking Otezla due to depression. Before starting Otezla, tell your doctor if you have had feelings of depression, or suicidal thoughts or behavior. Be sure to tell your doctor if any of these symptoms or other mood changes develop or worsen during treatment with Otezla.



Otezla is *proven* to treat **mild to moderate** scalp psoriasis

The scalp is one of the most commonly affected areas of plaque psoriasis.

Otezla treats beneath the skin, unlike topicals like creams or shampoos, which are applied directly to the scalp.

Otezla is proven to help get clearer skin on the scalp

In a clinical trial, 212 people taking Otezla were compared to 199 people taking a placebo.



Otezla is the first and only pill for mild to moderate scalp psoriasis, with nearly 3 times as many people achieving clearer skin—**44% of people taking Otezla saw improvement** after 4 months versus 17% of those taking placebo.

Otezla is also *proven* to help **improve** whole body itch in mild to moderate plaque psoriasis

In a clinical trial, 253 people taking Otezla were compared to 249 people taking a placebo.

Some people experienced a reduction in whole body itch after just 4 months of treatment. See below for a closer look at the percentage of people who experienced an improvement while taking Otezla.



Improvement in whole body itch

Twice as many people with mild to moderate plaque psoriasis who took Otezla (43%) achieved improvement in whole body itch, compared to those taking placebo (19%) after 4 months.

DID YOU KNOW?

Plaque psoriasis severity isn't just measured by physical skin symptoms. It's important to keep in mind all factors that psoriasis can impact when discussing treatment options with your doctor.

Common side effects of Otezla

The most common side effects of Otezla that occurred in the scalp psoriasis study were diarrhea, nausea, headache, and vomiting.

See page 18 for more information.

Selected Safety Information

Some patients taking Otezla lost body weight. Your doctor should monitor your weight regularly. If unexplained or significant weight loss occurs, your doctor will decide if you should continue taking Otezla.

Sarah's story:

"I'm grateful to be on an oral therapy that works for me."

Fly fishing is Sarah's favorite hobby. Being in the great outdoors is where she feels most at peace. But when plaque psoriasis entered the picture, appearing on her skin and scalp (bringing redness, flaking, and scaliness with it), going outside was the last thing on her mind. Instead, she wanted to stay inside and hide her skin from the world. At first, her dermatologist prescribed topical treatments like shampoos and creams, but they didn't give her the results she wanted.

Why she chose Otezla

Frustrated with her treatment options, Sarah decided to get a second opinion. Her new dermatologist had this to say: "Let's try something different—not a cream."

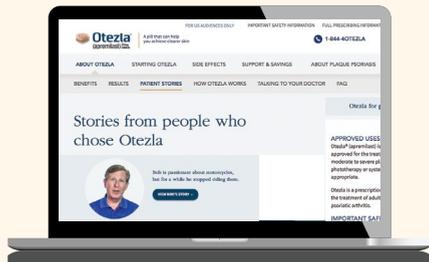
Sarah's dermatologist recommended Otezla, and after a talk about possible side effects and results, she began taking the starter pack.

After 4 months, her skin had improved. She now has elbows and a scalp that are clearer. She's able to be back in the great outdoors, feeling better in her own skin.

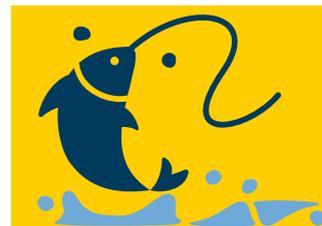
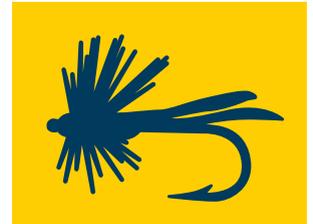


"It's tough to use creams, foams, and shampoos when you're in the middle of nowhere."

—SARAH
Otezla patient since 2018



Hear from more people taking Otezla at
[OtezlaStories.com](https://www.otezla.com)



Side effects of Otezla® (apremilast) in plaque psoriasis

Otezla in moderate to severe clinical studies

Otezla clinical studies involved 1,426 adults with moderate to severe plaque psoriasis who were candidates for phototherapy or systemic therapy. In each study, some people took 30 mg of Otezla twice daily, and others took a placebo.

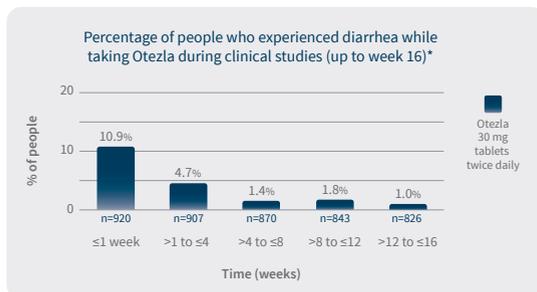
Side effects

The table below shows the most common side effects reported by people taking Otezla compared to those reported by people taking a placebo.

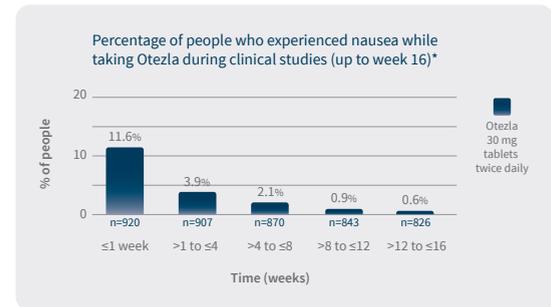
Most common side effects (up to week 16)	Otezla (920 people)	Placebo (506 people)
Diarrhea	17%	6%
Nausea	17%	7%
Upper respiratory tract infection	9%	6%
Tension headache	8%	4%
Headache	6%	4%

Most common gastrointestinal side effects over time

In most people, the side effects of diarrhea and nausea occurred within the first 2 weeks of treatment and tended to go away over time without stopping Otezla. In some cases, patients with severe diarrhea or nausea were hospitalized. Tell your doctor if any side effects occur.



Most common gastrointestinal side effects over time (continued)



*These studies involved 920 adults with moderate to severe plaque psoriasis who initially received Otezla 30 mg twice daily.

“n” represents the number of people participating in the studies during the given week(s).

Side effects of Otezla in mild to moderate plaque psoriasis

Otezla was evaluated in a clinical study. A total of 595 adults with mild to moderate plaque psoriasis received Otezla 30 mg twice daily (297 people) or placebo twice daily (298 people). Overall, the safety profile observed in the Otezla group during the placebo-controlled phase was consistent with the safety profile previously established in people with moderate to severe plaque psoriasis.

Common side effects of Otezla in moderate to severe scalp psoriasis

A separate Otezla clinical study involved adults with moderate to severe scalp psoriasis.

The table below shows the most common side effects from this clinical study, reported by people taking Otezla 30 mg twice daily, compared to those reported by people taking placebo.

Most common side effects (up to week 16)	Otezla (200 people)	Placebo (102 people)
Diarrhea	31%	11%
Nausea	22%	6%
Headache	12%	5%
Vomiting	6%	2%



Proven *results* in psoriatic arthritis

Otezla is a different kind of pill

For some people, after just 4 months,
Otezla is proven to:



Reduce joint swelling, tenderness,
and pain



Improve the ability to perform physical
activities of daily living



The Otezla Prescribing Information has
no requirement for blood tests, so once
your doctor prescribes you Otezla, you
can start treatment.

If you're treating with methotrexate or **NSAIDs***
(a common type of pain reliever), it might be time
to learn about a different choice.

*Nonsteroidal anti-inflammatory drugs

Common side effects of Otezla

The most common side effects of Otezla were diarrhea,
nausea, and headache.

Selected Safety Information

Some medicines may make Otezla less effective and should not
be taken with Otezla. Tell your doctor about all the medicines
you take, including prescription and nonprescription medicines.



Side effects of Otezla in psoriatic arthritis

Otezla in clinical studies

Otezla was tested in clinical studies in 1,493 adults with active psoriatic arthritis. All patients in these studies had been diagnosed with psoriatic arthritis for at least 6 months. They ranged in age from 18 to 83 years.

In each study, some people took 30 mg of Otezla twice daily, and others took a placebo.

Common side effects of Otezla

The table below shows the most common side effects reported by people taking Otezla compared to those reported by people taking a placebo.

Most common side effects (up to week 16)*	Otezla (493 people)	Placebo (490 people)
Nausea	9%	3%
Diarrhea	8%	2%
Headache	6%	2%

*Data from day 6 through day 112 (the titration period was days 1-5, during which the dose was gradually increased until the recommended dose of 30 mg twice daily was reached).

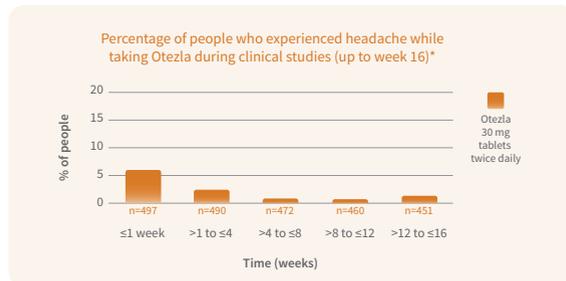
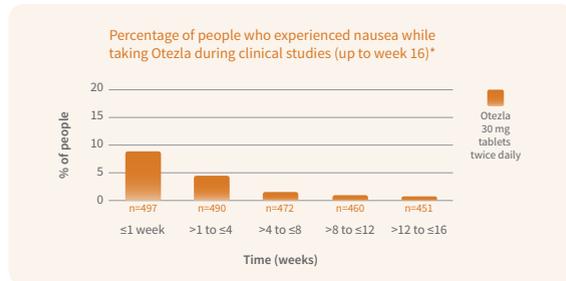
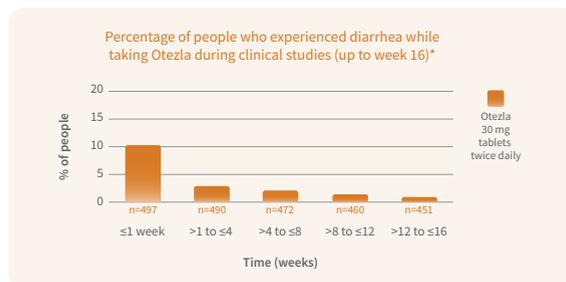
These are not all the possible side effects of Otezla. Tell your doctor about any side effect that bothers you or does not go away. If you're experiencing side effects, please consult your doctor.



Watch a video to learn more about potential side effects at otezla.com/psa-safety-video

The most common side effects over time

In most people, these common side effects of headache, diarrhea, and nausea occurred within the first 2 weeks of treatment and tended to go away over time without stopping Otezla. In some cases, patients with severe diarrhea or nausea were hospitalized. Tell your doctor if any of these occur.



*These studies involved 497 adults with active psoriatic arthritis who initially received Otezla 30 mg twice daily.

"n" represents the number of people participating in the studies during the given week(s).

Anne's story:

“I realized how much I’d missed this part of me.”

Anne is what you might call an “enthusiastic hobbyist.” She loves taking an idea and creating something wonderful. But over the years, Anne began experiencing pain, swelling, and tenderness in her hands, elbows, and wrists. “I couldn’t put clothes on. I couldn’t put shoes on. I needed help when getting dressed.” Anne found her creative outlet was becoming too much of a challenge. The pain in her hands kept her from working with even the simplest materials. Her creative spirit, which had always inspired her, began to dwindle.

Why she chose Otezla

More than a year passed, until Anne decided to visit her doctor, as her hands had become painfully swollen and purplish. Her doctor quickly referred her to a rheumatologist, who diagnosed her with psoriatic arthritis. After talking about the risks and benefits, her rheumatologist recommended Otezla.

Little by little, Anne noticed changes after starting treatment. She began to notice the pain, swelling, and tenderness in her joints subsiding. Anne was finally able to return to the crafting and handiwork that she hadn’t been able to do in years—restoring her creative spirit.



“With less pain, swelling, and tenderness in my joints, I can slowly return to my crafting table.” —ANNE

Otezla patient since 2016



Hear more stories from people taking Otezla. Watch their videos at [OtezlaPsAStories.com](https://www.otezla.com/PsAStories)



Learn about the Otezla SupportPlus™ program

If you have questions about treatment or insurance coverage, need financial assistance, or need help working with your specialty pharmacy, give **Otezla SupportPlus** a call. With Otezla SupportPlus, you can also get:

- Help paying for treatment with the **\$0 Co-Pay* Card**
- **24/7 nurse support**



Otezla
SUPPORT**PLUS**™



Sign up for educational resources that other Otezla patients found helpful.

1. Go to otezla.com/supportplus
2. Call **1-844-4OTEZLA** (1-844-468-3952)
3. Ask your doctor to sign you up when they prescribe Otezla

*The Otezla® Co-Pay Card is for eligible commercially insured patients. Terms, conditions, and program maximums apply. Other restrictions may apply. See full terms and conditions for details. This program is not open to patients receiving prescription reimbursement under any federal, state, or government-funded healthcare program. Not valid where prohibited by law. People who are not eligible can call 1-844-4OTEZLA to discuss other financial support opportunities.



Otezla
(apremilast) 30mg
tablets

otezla.com



We are committed to *helping* you get Otezla at a **low cost**

Commercially insured patients can get Otezla for \$0 per month with the **Otezla \$0 Co-Pay Card**.



3 simple ways to enroll:

1. Go to otezla.com/copay
2. Call **1-844-4OTEZLA** (1-844-468-3952)
3. Ask your doctor about the \$0 co-pay card

- If approved by your health insurance plan to take Otezla, you can pay as little as **\$0 per month**, up to an annual maximum benefit. This applies to your out-of-pocket costs, including deductible, co-insurance, and co-payments for Otezla. You are responsible for costs above the annual maximum. Please see full Terms and Conditions at otezla.com/copay.
- If your plan requires a pre-authorization or you are experiencing a delay in obtaining approval for Otezla, you can qualify for the Bridge to Commercial Coverage Offer and receive Otezla free for up to 12 prescription fills within 12 months while pursuing approval from your health plan. No purchase necessary. Please see full Terms and Conditions at otezla.com/copay.

We've got *you* covered

If you are uninsured or underinsured, Otezla SupportPlus™ can put you in touch with the Amgen Safety Net Foundation, a non-profit patient assistance program sponsored by Amgen that helps qualifying patients access Otezla and other Amgen medicines at no cost.

If you have Medicare or Medicaid coverage, our team of Insurance Solutions Specialists can assist you with any questions you may have about your plan. Our team is knowledgeable in Medicaid and can also review the Medicare Part D plan phases to help you understand what you can anticipate.

For *all* Otezla savings questions: *call*
1-844-4OTEZLA (1-844-468-3952)



Working with *your* healthcare team

Plaque psoriasis and psoriatic arthritis are chronic conditions that are always there, even when you aren't experiencing symptoms. That's why open and honest communication with your healthcare team is extremely important.



Make sure you're getting the right treatment for you:

Check in with yourself

- Am I satisfied with my current treatment?
- How much time do I spend daily on my current treatment regimen?
- Am I having to step back from the things I love?
- Am I ready for something different?

Check in with your doctor

- What makes Otezla different?
- How long does it take Otezla to work?
- Which symptoms will Otezla treat?
- How can I save on Otezla?
- What are the side effects of Otezla?
- Does Otezla require any blood tests?

Go to [otezla.com/learn](https://www.otezla.com/learn) to watch a patient, a dermatologist, and an Otezla patient services professional discuss what makes Otezla different.



IMPORTANT SAFETY INFORMATION

You must not take Otezla if you are allergic to apremilast or to any of the ingredients in Otezla.

Otezla can cause allergic reactions, sometimes severe. Stop using Otezla and call your healthcare provider or seek emergency help right away if you develop any of the following symptoms of a serious allergic reaction: trouble breathing or swallowing, raised bumps (hives), rash or itching, swelling of the face, lips, tongue, throat or arms.

Otezla can cause severe diarrhea, nausea, and vomiting, especially within the first few weeks of treatment. Use in elderly patients and the use of certain medications with Otezla appears to increase the risk of complications from having severe diarrhea, nausea, or vomiting. Tell your doctor if any of these conditions occur.

Otezla is associated with an increase in depression. In clinical studies, some patients reported depression, or suicidal behavior while taking Otezla. Some patients stopped taking Otezla due to depression. Before starting Otezla, tell your doctor if you have had feelings of depression, or suicidal thoughts or behavior. Be sure to tell your doctor if any of these symptoms or other mood changes develop or worsen during treatment with Otezla.

Some patients taking Otezla lost body weight. Your doctor should monitor your weight regularly. If unexplained or significant weight loss occurs, your doctor will decide if you should continue taking Otezla.

Some medicines may make Otezla less effective and should not be taken with Otezla. Tell your doctor about all the medicines you take, including prescription and nonprescription medicines.

The most common side effects of Otezla include diarrhea, nausea, upper respiratory tract infection, tension headache, and headache. These are not all the possible side effects with Otezla. Ask your doctor about other potential side effects. Tell your doctor about any side effect that bothers you or does not go away.

Tell your doctor if you are pregnant, planning to become pregnant or planning to breastfeed.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-332-1088.

Please [click here](#) for the Full Prescribing Information.



Ask your doctor about Otezla.

With the *starter pack* you can get started right away!

Have questions
or need some help?
Give us a call.

Our team is available 8 AM – 8 PM ET,
Monday – Friday, at
1-844-4OTEZLA (1-844-468-3952).