

Approved to treat all severities of plaque psoriasis, and active psoriatic arthritis

# Congratulations on starting your Otezla journey

Here's key information to get the most out of your treatment



**Otezla®**  
(apremilast) 30mg tablets



For commercially insured patients

## Start your journey with the Otezla Co-Pay Card

\*Eligibility criteria and program maximums apply.  
See [AmgenSupportPlus.com/copay-terms](https://AmgenSupportPlus.com/copay-terms) for full Terms and Conditions.



[CLICK TO ENROLL](#)

### APPROVED USES

Otezla® (apremilast) is a prescription medicine used to treat adult patients with:

- Plaque psoriasis for whom phototherapy or systemic therapy is appropriate.
- Active psoriatic arthritis.

### SELECT IMPORTANT SAFETY INFORMATION

You must not take Otezla if you are allergic to apremilast or to any of the ingredients in Otezla.

Please [click here](#) for Full Prescribing Information

CO-PAY CARD

GETTING OTEZLA

TAKING OTEZLA

SIDE EFFECTS

SUPPORT & SAFETY

# Take the next step and enroll in the Otezla Co-Pay Program\*



Commercially insured patients can sign up and **pay as little as \$0\*** for Otezla



Scan the QR code to enroll in the Otezla Co-Pay program.



Receive your digital co-pay card today by email.



Share the member ID number with your specialty pharmacy to pay as little as \$0\* for Otezla.



Click to enroll or visit  
[Otezla.com/enroll](https://Otezla.com/enroll)

**95% of Otezla prescriptions cost \$0 out-of-pocket** for people in the Otezla Co-Pay Card Program.\*

## How does the Otezla Co-Pay Program work?

If you have commercial insurance through your employer, you usually pay for the “out-of-pocket” cost for Otezla, which is the amount you owe after your insurance coverage, co-pays, and deductibles have all been applied. The Otezla-Co-Pay Program reduces the flat fee (the co-pay) that you pay each time you fill your Otezla prescription, so you pay less out of pocket for Otezla.

## Medicaid, Medicare, uninsured, or underinsured?

For those patients who may not be eligible for the Otezla Co-Pay Program, we’re still here to support you, no matter your financial situation. Sign up for Amgen SupportPlus to access information about how to fill your prescription and lower out-of-pocket costs.

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## You can start taking Otezla right away



### Starter Pack

You may receive a sample Starter Pack in the doctor's office so you can get started on treatment. The rest of your prescription will be filled through a specialty pharmacy. Specialty pharmacies offer people in-depth patient support with specialty medications.

### No routine blood tests

With Otezla there are no initial or ongoing blood tests needed before starting treatment.



## Filling your Otezla prescription at a specialty pharmacy



Your doctor will send your prescription to a specialty pharmacy.



The specialty pharmacy will call you to set up delivery.



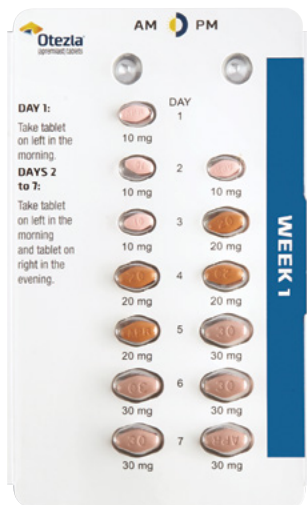
Your Otezla prescription will be delivered to your address.

### Save your pharmacy's contact info

Save your pharmacy's contact info to prevent it from appearing as an unknown number. If you don't hear from your specialty pharmacy within a week, contact your doctor.



# Otezla can fit into your schedule



## Taking Otezla

Otezla is a pill you take twice a day, once in the morning and once at night. People with severe kidney disease will take one pill a day.

## Using your pill pack

Your Otezla will come in an easy-to-follow pill pack that will help you follow a schedule for when and how to take your medicine. People with severe kidney disease will follow a different schedule.

## Adjusting to Otezla

Your dose will titrate, or increase, over the first 5 days of treatment until you reach the recommended dose. This will help reduce possible side effects in the digestive system. If you miss a dose, talk to your doctor about when to take your next one. Don't double up your dose.

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6 & Beyond
AM	10 mg	10 mg	10 mg	20 mg	20 mg	30 mg
PM	—	10 mg	20 mg	20 mg	30 mg	30 mg

# Establish a routine



**Make it a habit:** Take your Otezla with a daily routine like brushing your teeth.



**Monitor your progress:** Track your results for up to 90 days before evaluating to see if Otezla is right for you.



**Leave a reminder:** Set an alarm on your phone or leave a note on the counter that reminds you to take Otezla.



**Gauge your experience:** Take note of your symptoms every week after starting Otezla, and share these observations with your doctor.

Click to access the **Otezla Symptom Trackers** for:



Plaque Psoriasis

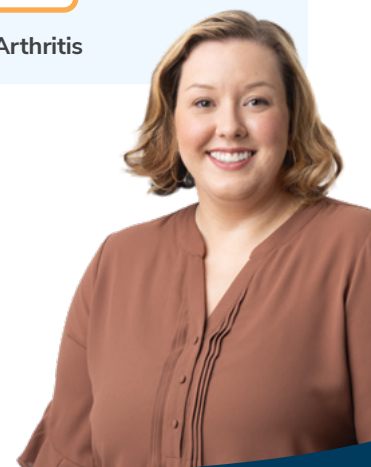


Psoriatic Arthritis



I just take one pill in the morning, one pill in the evening, and I'm done."

Kayla  
Actual Otezla patient\*



## SELECT IMPORTANT SAFETY INFORMATION

Otezla can cause allergic reactions, sometimes severe. Stop using Otezla and call your healthcare provider or seek emergency help right away if you develop any of the following symptoms of a serious allergic reaction: trouble breathing or swallowing, raised bumps (hives), rash or itching, swelling of the face, lips, tongue, throat or arms.

\*Patients have been compensated for their time.

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# See results with a pill that

## See Otezla results

- In a study of 595 adults with mild to moderate plaque psoriasis, 22% of people taking Otezla achieved clearer skin after 4 months compared to 4% on placebo.
- In a study of 844 adults with moderate to severe plaque psoriasis, 33% of people taking Otezla achieved clearer skin after 4 months compared to 5% on placebo.



\*Results in actual Moderate to Severe Plaque Psoriasis (PsO) Otezla patients. Not everyone responds to Otezla. Those who do may respond differently.



Click to hear more  
from patients

### SELECT IMPORTANT SAFETY INFORMATION

Otezla is associated with an increase in depression. In clinical studies, some patients reported depression, or suicidal behavior while taking Otezla. Some patients stopped taking Otezla due to depression. Before starting Otezla, tell your doctor if you have had feelings of depression, or suicidal thoughts or behavior. Be sure to tell your doctor if any of these symptoms or other mood changes develop or worsen during treatment with Otezla.

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# treats from the inside

## Otezla also treats psoriatic arthritis

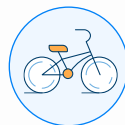
After 4 months of treatment:



Reduce joint swelling  
and tenderness



Reduce joint pain



Otezla could improve your  
ability to perform day-to-day  
physical activities

“

I'm grateful for the results  
I've seen on this treatment.”

Cindy  
Actual Otezla patient\*

\*Patients have been compensated for their time.



### Everyone's experience is different

Otezla takes time to work, which means you may not see results right away. However, some people saw results after just 4 months.



# What to expect after starting Otezla

## The first few weeks on Otezla

All medications come with some risk of side effects, and Otezla is no different. These side effects usually occur during the first few weeks of treatment and tend to go away as you keep taking it. You can contact your doctor for more help managing side effects.



“

It's totally normal to experience some stomach symptoms, especially within the first weeks of treatment. **My side effects decreased over time. I'm glad I stuck with it.**

**Pat**

Actual Otezla patient\*

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## SELECT IMPORTANT SAFETY INFORMATION

Otezla can cause severe diarrhea, nausea, and vomiting, especially within the first few weeks of treatment. Use in elderly patients and the use of certain medications with Otezla appears to increase the risk of complications from having severe diarrhea, nausea, or vomiting. Tell your doctor if any of these conditions occur.

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## Side effects:

Most common side effects of Otezla compared to placebo (sugar pill), as seen in clinical studies

Side effects as seen in adults with **moderate to severe plaque psoriasis**:

Most common side effects (up to week 16)	Otezla (920 people)	Placebo (506 people)
Diarrhea	17%	6%
Nausea	17%	7%
Upper respiratory tract infection	9%	6%
Tension headache	8%	4%
Headache	6%	4%

In a clinical study of Otezla, a total of 595 adults with **mild to moderate plaque psoriasis** were given Otezla 30 mg twice daily (297 people) or placebo twice daily (298 people). Overall, the safety seen in the Otezla group was similar to the safety seen in people with moderate to severe plaque psoriasis.

Side effects as seen in adults with psoriatic arthritis:

Most common side effects (up to week 16)	Otezla (493 people)	Placebo (490 people)
Diarrhea	8%	2%
Nausea	9%	3%
Headache	6%	2%

Otezla was tested in clinical studies involving adults who had been diagnosed with active psoriatic arthritis for at least 6 months.

 **Otezla**<sup>®</sup>  
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## We've got your back

Sign up for Amgen® SupportPlus to get supplemental support from a dedicated Nurse Partner\*, who will assist with resources to help you access your prescribed Amgen medication.

If you have questions, call **1-844-4OTEZLA (1-844-468-3952)**  
8 AM – 8 PM ET, Monday – Friday.

\*Amgen Nurse Partners are only available to patients that are prescribed certain Amgen products. They are not part of your treatment team and do not provide medical advice, nursing, or case management services. Amgen Nurse Partners will not inject patients with Amgen medications. Patients should always consult their healthcare provider regarding medical decisions or treatment concerns.

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**Some patients taking Otezla lost body weight.** Your doctor should monitor your weight regularly. If unexplained or significant weight loss occurs, your doctor will decide if you should continue taking Otezla.

**Some medicines may make Otezla less effective and should not be taken with Otezla.** Tell your doctor about all the medicines you take, including prescription and nonprescription medicines.

**The most common side effects of Otezla** include diarrhea, nausea, upper respiratory tract infection, tension headache, and headache. These are not all the possible side effects with Otezla. Ask your doctor about other potential side effects. Tell your doctor about any side effect that bothers you or does not go away.

**Tell your doctor if you are pregnant, planning to become pregnant or planning to breastfeed.** You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-332-1088.

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(apremilast) 30mg tablets



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