

Approved in adults to treat all severities of plaque psoriasis; and active psoriatic arthritis

Your Otezla journey starts today

 **Otezla®**
(apremilast) 30mg tablets

Don't wait—take the first steps now



For commercially insured patients

**Enroll in the Otezla Co-Pay Program
and pay as little as \$0* out of pocket**

*Eligibility criteria and program maximums apply.

See [AmgenSupportPlus.com/copy-pay-terms](https://www.amgen.com/support/plus/copy-pay-terms) for full Terms and Conditions.



CLICK TO ENROLL

APPROVED USES

Prescription Otezla®/Otezla XR™ (apremilast) is used for the treatment of:

- OTEZLA/OTEZLA XR: Adult patients with plaque psoriasis who are candidates for phototherapy or systemic therapy.
- OTEZLA: Pediatric patients 6 years of age and older and weighing at least 20 kg (44 lbs) with moderate to severe plaque psoriasis who are candidates for phototherapy or systemic therapy.
- OTEZLA XR: Pediatric patients 6 years of age and older and weighing at least 50 kg (110 lbs) with moderate to severe plaque psoriasis who are candidates for phototherapy or systemic therapy.
- OTEZLA: Adult and pediatric patients 6 years of age and older and weighing at least 20 kg (44 lbs) with active psoriatic arthritis.
- OTEZLA XR: Adult and pediatric patients 6 years of age and older and weighing at least 50 kg (110 lbs) with active psoriatic arthritis.

SELECT IMPORTANT SAFETY INFORMATION

Do not take Otezla 30 mg tablets or Otezla XR 75 mg extended-release tablets if you are allergic to apremilast or to any of the ingredients in Otezla/Otezla XR.

Please [click here](#) for Full Important Safety Information.

CO-PAY PROGRAM

TAKING OTEZLA

RESULTS

SUPPORT & SAFETY

Two key steps to start on Otezla



1 Have your co-pay card ready to pay as little as \$0* for Otezla



When you enroll, you'll **immediately** get your digital co-pay card via email. You'll **need your card** when the specialty pharmacy calls, so take a screenshot and save it.



Haven't enrolled yet or don't see the email? **Click to enroll** in the Otezla Co-Pay Program now. Regardless of your income, you may still be eligible for co-pay savings.



[Click to enroll now](#)

*Eligibility criteria and program maximums apply. See AmgenSupportPlus.com/copay-terms for full Terms and Conditions.

Medicaid, Medicare, uninsured, or underinsured?

For those patients who may not be eligible for the Otezla Co-Pay Program, we're still here to support you, no matter your financial situation. Call **1-844-4OTEZLA (1-844-468-3952)** to access information about how to fill your prescription and lower your out-of-pocket costs.

2 Don't miss the call from your specialty pharmacy



Once your doctor has given your prescription to a specialty pharmacy, they will call you to arrange **delivery** of Otezla.



The **ONLY** way to receive your Otezla is to **answer the specialty pharmacy's call**. If you don't, your medication won't be delivered.



Save your specialty pharmacy's contact in your phone. If they don't call within a week, be sure to reach out to your doctor.



Your Otezla will be on its way to your door

Please [click here](#) for Full Important Safety Information.

Skip the wait—no blood tests required

Otezla is available in two doses—your doctor has recommended the one that's right for you



30 mg twice-daily pills



75 mg once-daily extended-release (XR) pill

Adjusting to your dosage:

Whether you've been prescribed the twice-daily or once-daily dose, you'll start Otezla on a 5-day titration schedule.



Titration just means that your prescribed dose will gradually increase. This is meant to help reduce stomach and digestive side effects that may occur when starting your prescription. You'll start your regular dose after 5 days. People with severe kidney disease will follow a different schedule. See the chart below for the adult full titration schedule for Otezla/Otezla XR.

DAY 1	DAY 2		DAY 3		DAY 4		DAY 5		DAY 6 AND BEYOND
AM	AM	PM	AM	PM	AM	PM	AM	PM	
10 mg	10 mg	10 mg	10 mg	20 mg	20 mg	20 mg	20 mg	30 mg	30 mg OR 75 mg

- You can take Otezla/Otezla XR with or without food. Do not crush, split, or chew the pill
- Otezla should be stored below 86° F and Otezla XR should be stored between 68° F and 77° F
- Be sure to take Otezla/Otezla XR as directed by your doctor
- Do not be concerned if you see part of the Otezla extended-release tablet in your stool—it has already been absorbed into your body
- Otezla XR is not recommended for adult patients with severe kidney disease. The appropriate dosing for these patients has not been determined

Here's what to expect in the first few weeks



All medications come with some risk of side effects, and Otezla is no different.

These side effects can include diarrhea and nausea which usually occur during the first few weeks of treatment. Diarrhea and nausea tended to resolve within 30 days of onset.

If you experience discomfort, you can contact your doctor to help manage your symptoms.

Other side effects can include:*

- Headache and tension headache
- Common cold
- Upper respiratory tract infection

*These are not all the possible side effects of Otezla. Ask your doctor about potential side effects, and be sure to let them know about any side effects that bother you or don't go away.

“

It's totally normal to experience some stomach symptoms, especially within the first weeks of treatment. My side effects decreased over time. I'm glad I stuck with it.”

Pat

Real Otezla patient compensated for his time.

SELECT IMPORTANT SAFETY INFORMATION (CONT'D)

Otezla/Otezla XR can cause serious side effects, including:

- **Allergic reactions, sometimes severe.** Stop using Otezla/Otezla XR and call your healthcare provider or seek emergency help right away if you develop any of the following symptoms of a serious allergic reaction: trouble breathing or swallowing, raised bumps (hives), rash or itching, swelling of the face, lips, tongue, throat or arms.

Please [click here](#) for Full Important Safety Information.



Otezla
(apremilast) 30mg tablets



OtezlaXR
(apremilast) 75mg Extended-release tablets

Plaque psoriasis starts with inflammation beneath the skin



Still treating symptoms only on the skin's surface? Otezla targets plaques at their source—inside the body

Otezla is a pill that works from within, so less redness, itching, and flaking is possible after just 4 months.

“

My doctor recommended a pill called Otezla. The topicals were just treating the symptoms, whereas Otezla is systemic, so it treats from within.”

Genine

Real Otezla patient compensated for her time.



Otezla treats plaque psoriasis from the inside out, where topicals can't reach



Topicals can reduce symptoms when plaques are visible, but inflammation remains. Otezla is a pill you take every day that targets the inflammation that causes itchy, flaky plaques.



Treating with topicals can be messy and time-consuming. Otezla is a no-needle, no-mess pill.



Patients with plaque psoriasis can be at a higher risk of developing psoriatic arthritis. Otezla is also approved for certain patients with psoriatic arthritis. Talk to your doctor if you're experiencing joint symptoms.

SELECT IMPORTANT SAFETY INFORMATION (CONT'D)

- Severe diarrhea, nausea, and vomiting, especially within the first few weeks of treatment. Use in elderly patients and the use of certain medications with Otezla/Otezla XR may increase the risk of complications from having severe diarrhea, nausea, or vomiting. Tell your doctor if any of these conditions occur.

Everyone's experience is different

Otezla takes time to work, which means you may not see results right away. However, some people saw results after just 4 months.





Need additional help? We're here to support you if you need it.



With Otezla, you don't have to do it alone.
For supplemental support or resources to
help you start Otezla:

Call 1-844-4OTEZLA (1-844-468-3952)

8 AM – 8 PM ET, Monday – Friday.

IMPORTANT SAFETY INFORMATION

Do not take Otezla 30 mg tablets or Otezla XR 75 mg extended-release tablets if you are allergic to apremilast or to any of the ingredients in Otezla/Otezla XR.

Otezla/Otezla XR can cause serious side effects, including:

- **Allergic reactions, sometimes severe.** Stop using Otezla/Otezla XR and call your healthcare provider or seek emergency help right away if you develop any of the following symptoms of a serious allergic reaction: trouble breathing or swallowing, raised bumps (hives), rash or itching, swelling of the face, lips, tongue, throat or arms.
- **Severe diarrhea, nausea, and vomiting, especially within the first few weeks of treatment.** Use in elderly patients and the use of certain medications with Otezla/Otezla XR may increase the risk of complications from having severe diarrhea, nausea, or vomiting. Tell your doctor if any of these conditions occur.
- **Depression.** In clinical studies, some patients reported depression or suicidal behavior while taking Otezla. Some patients stopped taking Otezla due to depression. Before starting Otezla/Otezla XR, tell your doctor if you have had feelings of depression, or suicidal thoughts or behavior. Be sure to tell your doctor if any of these symptoms or other mood changes develop or worsen during treatment with Otezla/Otezla XR.
- **Weight loss.** Your doctor should monitor your weight regularly. If unexplained or significant weight loss occurs, your doctor will decide if you should continue taking Otezla/Otezla XR. For children 6 years of age or older, their doctor should monitor their growth (height and weight). If they are not growing or gaining weight as expected, their doctor will decide if they should continue taking Otezla/Otezla XR.

Some medicines may make Otezla/Otezla XR less effective and should not be taken with Otezla/Otezla XR. Tell your doctor about all the medicines you take, including prescription and non-prescription medicines.

The most common side effects include diarrhea, nausea, upper respiratory tract infection, tension headache, and headache. These are not all the possible side effects with Otezla/Otezla XR. Ask your doctor about other potential side effects. Tell your doctor about any side effect that bothers you or does not go away.

Tell your doctor if you are pregnant, planning to become pregnant or planning to breastfeed.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-332-1088.

Please [click here](#) for the Full Prescribing Information for Otezla/Otezla XR.



Welcome to the Otezla community of over 1 million people*

“

Every time I went to the doctor, I was handed another topical. I struggled applying them. Now I take Otezla—a pill—and treat my plaque psoriasis from within.”

Rebecca

Real Otezla patient
compensated for her time.



CLICK TO HEAR REBECCA'S
FULL STORY

*Estimates of patients treated reflect global data since launch (Apr 2014-Mar 2024; US=59% of data). Calculations based on observed drug utilization parameters and number of units distributed. Utilization patterns change over time to best represent current markets.

SELECT IMPORTANT SAFETY INFORMATION

Do not take Otezla 30 mg tablets or Otezla XR 75 mg extended-release tablets if you are allergic to apremilast or to any of the ingredients in Otezla/Otezla XR.

Please [click here](#) for Full Important Safety Information.

AMGEN®

© 2025 Amgen Inc. All rights reserved.
11/25 USA-407-85123



Otezla®
(apremilast) 30mg
tablets